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The Paradox of Gender Difference on Emotional Maturity of Adolescents

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ABSTRACT The current study has been designed and formulated to find out if gender difference has any impact on the emotional maturity of adolescents. One hundred and sixty (160) adolescents from Uttarkashi and 160 adolescents from U.S Nagar, that is, 80 boys and 80 girls from both the districts of Uttarakhand were selected using Simple Random Sampling without Replacement as respondents for the present study. A self-outlined socio-demographic questionnaire was employed to study the socio-demographic traits of respondents and emotional maturity was assessed through standardised Emotional Maturity Scale. Z-test was employed to analyse the statistical differences in emotional maturity of respondents across gender. Results revealed that boys of both the districts were more emotionally stable, emotionally progressive, socially adjusting, had adequate personality and were more independent as compared to girls. The prominent reason for the significant difference in emotional maturity across gender was observed to be a patriarchal system, gender bias, family climate, traditions, and confounding factors.